

**Nutritional Information Per Ounce:**

All nutrients occur naturally; nothing is added or subtracted. Percent daily values are based on a 2,000 calorie diet. Your daily values may vary higher or lower depending on your calorie needs.

**Ingredients:**

100% Pure Aloe Vera Juice, Black Cherry Essence, Raw Honey, Sea Vegetables (Fucus Gardneri, Ulva Lатуca, Alaria Valida, Nereocystis Luetkeana, Laminaria, Ulva Linza, Gigarina, Costaria Costata and Phodymenia Pertusa). Ingredients derived from phosphates, lemon-lime juice and blueberries help preserve the natural nutrients and vitamin complex

<b>Vitamins</b>		
<b>Description</b>	<b>Quantity</b>	<b>% RDI</b>
Vitamin A (Carotenoids)	6,750 IU	135%
Vitamin B1 (Thiamin)	2.00 mg	200%
Vitamin B2 (Riboflavin)	2.04 mg	170%
Vitamin B6 (Pyridoxine)	2.00 mg	125%
Vitamin B12 (Cobalamin)	3 mcg	150%
Vitamin C	195 IU	325%
Vitamin D	400 IU (5 mcg)	200%
Vitamin E	10.4 IU	130%
Vitamin K	18 mcg	30%
Vitamin F, Vitamin P	*trace amounts	

<b>Macro Minerals</b>		
<b>Description</b>	<b>Quantity</b>	<b>% RDI</b>
Calcium	120 mg.	15%
Copper	750 mcg.	50%
Iodine	195 mcg.	130%
Iron	1.65 mg.	16.5%
Magnesium	75 mg.	30%
Manganese	6.8 mg.	340%
Phosphorus	80 mg.	10%
Potassium	160 mg.	5%
Selenium	50 mcg.	100%
Zinc	4.2 mg.	35%

### 64 Micro & Ultra Trace Minerals

Aluminum	Antimony	Arsenic	Barium	Beryllium
Bismuth	Boron	Bromine	Cadmium	Carbon
Cerium	Cesium	Chlorine	Chromium	Cobalt
Dysprosium	Erbium	Europium	Fluorine	Gadolinium
Gallium	Germanium	Gold	Hafnium	Holmium
Indium	Iridium	Lanthanum	Lead	Lithium
Lutetium	Mercury	Molybdenum	Neodymium	Nickel
Niobium	Osmium	Palladium	Platinum	Praseodymium
Rhenium	Rhodium	Rubidium	Ruthenium	Samarium
Scandium	Silicon	Silver	Sodium	Strontium
Sulfur	Tantalum	Tellurium	Terbium	Thallium
Thorium	Thulium	Tin	Titanium	Tungsten
Vanadium	Ytterbium	Yttrium	Zirconium	

### Enzymes

Description	Quantity
Amylase	600 IU
Bromelin	220 IU
Lipase	320 IU
Pancreatin	200 IU
Papain	50 IU
Pepsin	400 IU
Ptyalin	30 IU
Additional enzymes present in amounts less than 10 IU.	

<b>Amino Acids</b>	
<b>Description</b>	<b>Quantity</b>
Arginine	22 mg.
Histidine	42 mg.
Isoleucine	194 mg.
Leucine	484 mg.
Lysine	133 mg.
Methionine	139 mg.
Phenylalanine	282 mg.
Threonine	127 mg.
Tryptophan	10 mg.
Valine	346 mg.
*The above 10 essential amino acids can only be obtained through food sources.	
Aspartic Acid	544 mg.
Serine	14 mg.
Glutamic Acid	769 mg.
Proline	422 mg.
Glycine	316 mg.
Alanine	381 mg.
Cystine	20 mg.
*All other amino acids are present in trace amounts	

### **Essential Fatty Acids**

Linoleic Acid and Arachidonic Acid from the Polyunsaturated Omega 6 family of Essential Fatty Acids, and Alpha Linolenic Acid from the Superunsaturated Omega 3 family of Essential Fatty Acids are present in trace amounts. Our life and health are dependent on these two families of healing fatty acids, especially when combined with other essential nutrients.

### **Bioflavonoids**

Powerful phyto-nutrients that nourish the body's cells, tissues and organs while providing powerful antioxidant properties that fight damage caused by aging, pollution and harmful chemicals.

### **Fiber**

Contains 0.5 grams of fiber.